

The 29th All Japan Speed Skating Single Distances Championships (Provisional)

Day 1

as of 17 October 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		9:20	10:00
Ice preparation						15'00	10:00	10:15
Ice training				1 x 45'00	45'00		10:15	11:00
Ice preparation						30'00	11:00	11:30
Men	Jr	500m	18	9 p x 01'50	17'00		11:30	11:47
Ice preparation (race lanes)						15'00	11:47	12:02
Women	Jr	1500m	19	10 p x 03'15	33'00		12:02	12:35
Ice preparation (race lanes)						15'00	12:35	12:50
Men	Jr	5000m	14	4 p x 08'15	33'00		12:50	13:23
Ice preparation (race lanes)						15'00	13:23	13:38
Men	Jr			3 p x 08'15	25'00		13:38	14:03
Warm up (for SD)				1 x 50'00	50'00		14:03	14:53
Ice preparation						22'00	14:53	15:15
Men	SD	500m	26	13 p x 02'10	28'00		15:15	15:43
Ice preparation (race lanes)		(Flower giving - 500m)				20'00	15:43	16:03
Women	SD	1500m	30	8 p x 03'15	26'00		16:03	16:29
Ice preparation (race lanes)						15'00	16:29	16:44
Women	SD			7 p x 03'15	23'00		16:44	17:07
Ice preparation		(Flower giving - 1500m)				20'00	17:07	17:27
Men	SD	5000m	26	5 p x 08'15	41'00		17:27	18:08
Ice preparation (race lanes)						15'00	18:08	18:23
Men	SD			4 p x 08'15	33'00		18:23	18:56
Ice preparation (race lanes)						15'00	18:56	19:11
Men	SD			4 p x 08'15	33'00		19:11	19:44
						03'00	19:44	19:47
Ice training		(Flower giving - 5000m)		1 x 30'00	30'00		19:47	20:17
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

The 29th All Japan Speed Skating Single Distances Championships (Provisional)

Day 2

as of 17 October 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		6:50	7:30
Ice preparation						15'00	7:30	7:45
Ice training				1 x 45'00	45'00		7:45	8:30
Ice preparation						30'00	8:30	9:00
Women	Jr	500m	16	8 p x 01'50	15'00		9:00	9:15
Ice preparation (race lanes)						15'00	9:15	9:30
Men	Jr	1500m	16	8 p x 03'00	24'00		9:30	9:54
Ice preparation (race lanes)						15'00	9:54	10:09
Women	Jr	3000m	16	8 p x 05'40	45'00		10:09	10:54
Warm up (for SD)				1 x 50'00	50'00		10:54	11:44
Ice preparation						21'00	11:44	12:05
Women	SD	500m	24	12 p x 02'10	26'00		12:05	12:31
Ice preparation (race lanes)		(Flower giving - 500m)				20'00	12:31	12:51
Men	SD	1500m	31	8 p x 03'00	24'00		12:51	13:15
Ice preparation (race lanes)						15'00	13:15	13:30
Men	SD			8 p x 03'00	24'00		13:30	13:54
Ice preparation		(Flower giving - 1500m)				20'00	13:54	14:14
Women	SD	3000m	21	6 p x 05'30	33'00		14:14	14:47
Ice preparation (race lanes)						15'00	14:47	15:02
Women	SD			5 p x 05'30	28'00		15:02	15:30
						03'00	15:30	15:33
Ice training		(Flower giving - 3000m)				30'00	15:33	16:03
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

The 29th All Japan Speed Skating Single Distances Championships (Provisional)

Day 3

as of 17 October 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		6:55	7:35
Ice preparation						15'00	7:35	7:50
Ice training				1 x 45'00	45'00		7:50	8:35
Ice preparation						30'00	8:35	9:05
Men	Jr	1000m	17	9 p x 02'20	21'00		9:05	9:26
<i>Change system</i>						02'00	9:26	9:28
Women	Jr	1000m	23	12 p x 02'30	30'00		9:28	9:58
Ice preparation (race lanes)						15'00	9:58	10:13
Men	Jr	3000m	25	7 q x 05'30	39'00		10:13	10:52
Warm up				1 x 50'00	50'00		10:52	11:42
Ice preparation						23'00	11:42	12:05
Women	SD	5000m	6	3 p x 08'30	26'00		12:05	12:31
Ice preparation (race lanes)		(Flower giving - 5000m)				20'00	12:31	12:51
Men	SD	10000m	10	3 p x 15'30	47'00		12:51	13:38
Ice preparation (race lanes)						15'00	13:38	13:53
Men	SD			2 p x 15'00	30'00		13:53	14:23
Ice preparation		(Flower giving - 10000m)				20'00	14:23	14:43
Women	SD	1000m	25	13 p x 02'30	33'00		14:43	15:16
Ice preparation (race lanes)		(Flower giving - 1000m)				20'00	15:16	15:36
Men	SD	1000m	25	13 p x 02'30	33'00		15:36	16:09
Warm up for MS		(Flower giving - 1000m)		1 x 10'00	10'00		16:09	16:19
Ice preparation (race lanes)						20'00	16:19	16:39
Women	SD	Mass start	22	1 h x 10'00	10'00		16:39	16:49
<i>Change system</i>						05'00	16:49	16:54
Men	SD	Mass start	24	1 h x 10'00	10'00		16:54	17:04
		(Flower giving - Mass Start)				05'00	17:04	17:09
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men: