

2024/25 All Japan Selected Speed Skating Competition(Provisional)

Day 1

as of 3 December 2024

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 30'00	30'00		7:30	8:00
Ice preparation						15'00	8:00	8:15
Warm up (for race)				1 x 25'00	25'00		8:15	8:40
Ice preparation						20'00	8:40	9:00
Women	JS	3000m	23	6 q x 06'00	36'00		9:00	9:36
Ice preparation (race lanes)						15'00	9:36	9:51
Men	JS	3000m	23	6 q x 05'30	33'00		9:51	10:24
						06'00	10:24	10:30
		(Flower giving - 3000m)		1 x 10'00	10'00		10:30	10:40
Warm up (for race)				1 x 60'00	60'00		15:30	16:30
Ice preparation						30'00	16:30	17:00
Women	JS	1500m	27	7 q x 04'00	28'00		17:00	17:28
Ice preparation						20'00	17:28	17:48
Men	JS	1500m	40	10 q x 03'45	38'00		17:48	18:26
						09'00	18:26	18:35
Ice training		(Flower giving - 1500m)		1 x 30'00	30'00		18:35	19:05
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

2024/25 All Japan Selected Speed Skating Competition(Provisional)

Day 2

as of 3 December 2024

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 30'00	30'00		7:30	8:00
Ice preparation						15'00	8:00	8:15
Warm up (for race)				1 x 25'00	25'00		8:15	8:40
Ice preparation						20'00	8:40	9:00
Men	JS	5000m	33	3 q x 08'50	27'00		9:00	9:27
Ice preparation (race lanes)						15'00	9:27	9:42
Men	JS	5000m		3 q x 08'50	27'00		9:42	10:09
Ice preparation (race lanes)						15'00	10:09	10:24
Men	JS	5000m		3 q x 08'50	27'00		10:24	10:51
						09'00	10:51	11:00
		(Flower giving - 5000m)		1 x 10'00	10'00		11:00	11:10
Warm up (for race)				1 x 60'00	60'00		15:30	16:30
Ice preparation						30'00	16:30	17:00
Women	JS	1000m	34	9 q x 03'10	29'00		17:00	17:29
Ice preparation						20'00	17:29	17:49
Men	JS	1000m	36	9 q x 03'00	27'00		17:49	18:16
Warm up (for MSR)				1 x 10'00	10'00		18:20	18:30
Ice preparation						20'00	18:30	18:50
Men	JS	Mass start (SF)	27	2 h x 10'00	20'00		18:50	19:10
						05'00	19:10	19:15
Ice training		(Flower giving - 1000m)		1 x 30'00	30'00		19:15	19:45

SCHEDULE WITH ALL RESERVED

Signature Referee Women:

Signature Referee Men:

2024/25 All Japan Selected Speed Skating Competition(Provisional)

Day 3

as of 3 December 2024

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 30'00	30'00		7:30	8:00
Ice preparation						15'00	8:00	8:15
Warm up (for race)				1 x 25'00	25'00		8:15	8:40
Ice preparation						20'00	8:40	9:00
Women	JS	500m	25	13 p x 02'10	28'00		9:00	9:28
Ice preparation (race lanes)						12'00	9:28	9:40
Men	JS	500m	28	14 p x 02'10	30'00		9:40	10:10
Ice preparation (race lanes)						15'00	10:10	10:25
Warm up (for MSR)				1 x 10'00	10'00		10:25	10:35
Ice preparation		(Flower giving - 500m)				20'00	10:35	10:55
Women	JS	Mass start	15	1 h x 10'00	10'00		10:55	11:05
						10'00	11:05	11:15
Men	JS	Mass start	16	1 h x 10'00	10'00		11:15	11:25
						15'00	11:25	11:40
		(Flower giving - Mass start)				10'00	11:40	11:50
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men: