

The 88th All Japan Speed Skating Championships

Day 1

as of 27 Dec.2020

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training			1 x 40'00	40'00		11:15	11:55
Ice preparation					15'00	11:55	12:10
Warm up			1 x 30'00	30'00		12:10	12:40
Ice preparation					20'00	12:40	13:00
Ladies	500m	20	10 p x 02'30	25'00		13:00	13:25
Ice preparation (race lanes)					12'00	13:25	13:37
Men	500m	21	11 p x 02'20	26'00		13:37	14:03
Ice preparation	(Flower giving - 500m)				20'00	14:03	14:23
Ladies	3000m	23	6 p x 05'45	35'00		14:23	14:58
Ice preparation (race lanes)					12'00	14:58	15:10
Ladies	3000m		6 p x 05'30	33'00		15:10	15:43
Ice preparation	(Flower giving - 3000m)				20'00	15:43	16:03
Men	5000m	16	4 p x 08'15	33'00		16:03	16:36
Ice preparation (race lanes)					12'00	16:36	16:48
Men	5000m		4 p x 08'00	32'00		16:48	17:20
					03'00	17:20	17:23
Ice training	(Flower giving - 5000m)		1 30'00	30'00		17:23	17:53
SCHEDULE WITH ALL RESERVED							