

2020/2021 All Japan Selected Speed Skating Competition, Nagano

Day 2

Friday 12 Feb.2021

as of 10 Feb. 2021

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training (for JS)				1 x 30'00	30'00		11:05	11:35
Ice preparation						25'00	11:35	12:00
Warm up (for JS)				1 x 30'00	30'00		12:00	12:30
Ice preparation						30'00	12:30	13:00
Men	JS	3000m	8	2 q x 06'00	12'00		13:00	13:12
Change system						08'00	13:12	13:20
Ladies	JS	1000m	59	10 q x 02'40	27'00		13:20	13:47
Ice preparation (race lanes)		(Flower giving - M3000m)				15'00	13:47	14:02
Ladies	JS	1000m		5 q x 02'40	13'00		14:02	14:15
Change system						05'00	14:15	14:20
Men	JS	1000m	64	6 q x 02'30	15'00		14:20	14:35
Ice preparation (race lanes)		(Flower giving - L1000m)				15'00	14:35	14:50
Men	JS	1000m		10 q x 02'30	25'00		14:50	15:15
		(Flower giving - M1000m)					15:15	15:30
Ice preparation (2 laps)						10'00	15:30	15:40
Ladies & Men	out c.	TPR		1 h x 10'00			15:40	15:50
Warm up (for MSR)				1 x 15'00	15'00		15:50	16:05
Ice preparation						22'00	16:05	16:27
Ladies	JS	Mass start (F)	17	1 h x 15'00	15'00		16:27	16:42
Change system						05'00	16:42	16:47
Men	JS	Mass start (F)	21	1 h x 15'00	15'00		16:47	17:02
		(Flower giving - Mass start)						
SCHEDULE WITH ALL RESERVED								